Period

Myers/Briggs Personality Type

Knowing and understanding your personality type can help you become more successful in school, career, and with relationships. You are going to take a personality profile quiz based on the work of the famous psychologists Myers and Briggs. This personality test has been renowned by psychological and behavioral specialists for decades. The results of this test should help you to understand yourself better, develop a greater understanding of your priorities, and help you to develop a more masterful plan for ensured academic success.

**Directions:**

Go to the website: Mrs. Wells Website – Click on “AVID” then from the dropdown select “What Is My Personality?”. Click the link “Myers/Briggs Personality Test”.

Answer: All hundred questions to the best of your ability. Though many may not pertain to you, slide the circle that is closest to your true feelings.

To Finish: Click “Results”.

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| Your Personality Type: | Your Results |
| Percentages for Categories:  Place your percentages around the category name according to your results. | |  |  |  |  | | --- | --- | --- | --- | | I  Introverted | N  Intuitive | F  Feeling | J  Judging | |
| Famous People:  Identify at least two famous people with your personality type. |  |
| Strengths and Weaknesses:  According to your results, identify your strengths and weaknesses. |  |
| Personal Relationships:  Describe what the site states about relationships with your personality type. |  |
| Career:  Describe what the site states about the work habits and types of careers are suited for your personality type. |  |
| Analysis:  After reading your results, explain your analysis. Do you believe the test was accurate? Did you see anything that surprised you? Did the career options suit what you have been planning? Did this test affirm anything about your planning, thought processes, treatment of others, or career plans? Or, did the test show you a new way of viewing things?  How can you use the results of this test to help you be more successful in school and to achieve your goals? |  |