Name



The [Myers-Briggs Type Indicator](http://en.wikipedia.org/wiki/Myers_brigg) (MBTI) is an assessment that is believed to measure psychological preferences in how people perceive the world and make decisions.  According to the Myers-Briggs test, there are [sixteen different types of personalities](http://www.knowyourtype.com/16_types.html) The theory of Personality Types contends that each of us has a natural preference which falls into one category or the other in each of these four areas, and that our native Personality Type indicates how we are likely to deal with different situations that life presents, and in which environments we are most comfortable.

Learning about our Personality Type helps us to understand why certain areas in life come easily to us, and others are more of a struggle. Learning about other people's Personality Types help us to understand the most effective way to communicate with them, and how they function best. Analyzing literature through the use of psychology allows the reader to gain a greater in-depth understanding of the characters’ thoughts, motivations, and behavior.

Fill – in the following answers based on the video:

1. The Myers Briggs Personality Test was created to get into the workforce.

2. Approximately million American men, women, and children each year take the test.

3. The test can make you become more aware and then use that awareness to get more out of yourself at and at .

4. The Myers Briggs test was first developed in the 1940’s by Katherine Cook and her daughter, Isabel . \*

5. They were two psychologists who were huge fans of Swiss psychologists, Carl and his theory of personality types.

6. When the United States entered World War II, many women entered the for the first time. Myers saw a need to help women to figure out what sort of they were best suited for. Thus, the Myers Briggs Personality test was born.



Put the four letters together here:

Use the Myers Briggs Personality Types Definitions to analyze your results.